

Cedarbrook

— A SITRIN COMMUNITY —



This is your time.
Make the most of it at Cedarbrook.



Why relocate to some far-away destination when you can enjoy your retirement to the fullest right here, close to family, friends, and everything you hold dear?

Cedarbrook is the perfect choice for individuals 62 years of age and older who see retirement as another exciting chapter of an active and independent life.



Ideal setting for the next chapter of your life.

Located off Higby Road in New Hartford, NY, Cedarbrook offers a dynamic view of the Mohawk Valley in a natural and peaceful setting. This attractively designed, beautifully landscaped community offers a host of amenities that enable you to enjoy life at your own pace.

Cedarbrook includes:

- One- and two-bedroom apartments (650 to 1,066 sq.ft.)
- Restaurant-style dining
- Internet Café
- Transportation to/from medical appointments, shopping and activity outings within 10 miles
- Accessible Laundry Rooms
- Library
- Community room
- Parlor, which can be reserved for small gatherings and entertaining
- Balcony and outdoor terrace overlooking the beautiful Mohawk Valley
- Full kitchen in each apartment with stove, refrigerator, and dishwasher
- Individually controlled heat and air conditioning
- Large accessible bathrooms, including shower with seat
- Lower windows for a better view, (mini-blinds included)

- Wall-to-wall carpeting
- Locked storage areas
- Well-lit parking lots
- Guest rooms, which can be reserved for visiting family members



As an added bonus, Cedarbrook tenants will receive a complimentary membership to Sitrin's wellness gym, as well as access to its beautiful 142-acre camp, located just two miles away on Graffenburg Road.

Camp Sitrin is a perfect place to relax, fish, or enjoy the great outdoors with family and friends.





Live life to the fullest.

Fixed living costs, along with an array of services, will ensure enhanced quality of life for tenants in a worry-free environment.

In addition, Cedarbrook offers the ideal combination of privacy and social interaction. If you live at Cedarbrook, you will receive at least two meals a day, or you can opt to cook for yourself in your own kitchen. Spend time alone relaxing and reading a good book, or participate in a wide range of activities with

neighbors and friends.

It's *your* choice!



Meeting your needs now and in the future.

At Cedarbrook, you can live as independently as possible, with the comfort of knowing that support services are always available. Moving isn't an easy thing to do. As your needs change and you continue to qualify for assisted living, you can stay in the same comfortable apartment that you call home. Health assessments will help determine the level of services you will receive.



Assisted living made simple.

Cedarbrook is a licensed assisted living provider regulated by the New York State Department of Health. It is also affiliated with the Sitrin Health Care Center, which has been providing innovative health and rehabilitative services to the community for more than half a century.

Basic services include:

- All utilities including cable (excluding telephone and Internet)
- 24-hour onsite staff
- Emergency call system in all apartments
- Case management services
- Home health aide services
- Consulting dietician and delicious meals
- Housekeeping and laundry services
- Social and recreational activities
- Scheduled transportation
- Assistance with medical appointments and medications

Other options include:

- Additional cleaning services
- Maintenance of personal property
- Clerical assistance
- Garage space



You've worked hard your entire life, and it's time to fulfill the promise of a great retirement. Cedarbrook offers comfort, convenience, peace of mind, and so much more...

Let us manage the details so you can get the most out of life! Consider Cedarbrook when planning your retirement years.

*This is your time...
Make the most of it
at Cedarbrook.*



Levels of Care

Cedarbrook is designed with its tenants' comfort, safety, enjoyment, and health foremost in mind. Our highly trained professional staff will provide the care that you require. Two levels of care, outlined below, are recognized by the New York State Department of Health. Fees are based upon your level of need, and the size of the apartment you select.

Level I

- Twenty-four hour staff on duty
- Case management
- Consultant dietician
- Three nutritious meals served daily
- Daily evening nutritional snack
- Scheduling and coordination of medical appointments
- Staff assistance with medication administration
- Personal care, housekeeping, food service
- Emergency call system
- Daily calendar of social activities
- Wellness gym membership
- Scheduled medical transportation within 10-mile radius of facility
- Storage of medications
- Cable TV

Level II* – Awaiting Nursing Home Placement

Includes all services in Level I, plus additional services below:

- Personal care, housekeeping, food service – 10-14 hours per week (hourly breakdown depends upon aggregate of service needs)
- Daily reminders for dining and recreational activities
- Staff apartment checks – two times per shift
- Assistance to meals and activities

** Cedarbrook cannot admit tenants at this level.*

Cedarbrook Floor Plans

Fees are based upon your level of need and the size of the apartment you select.

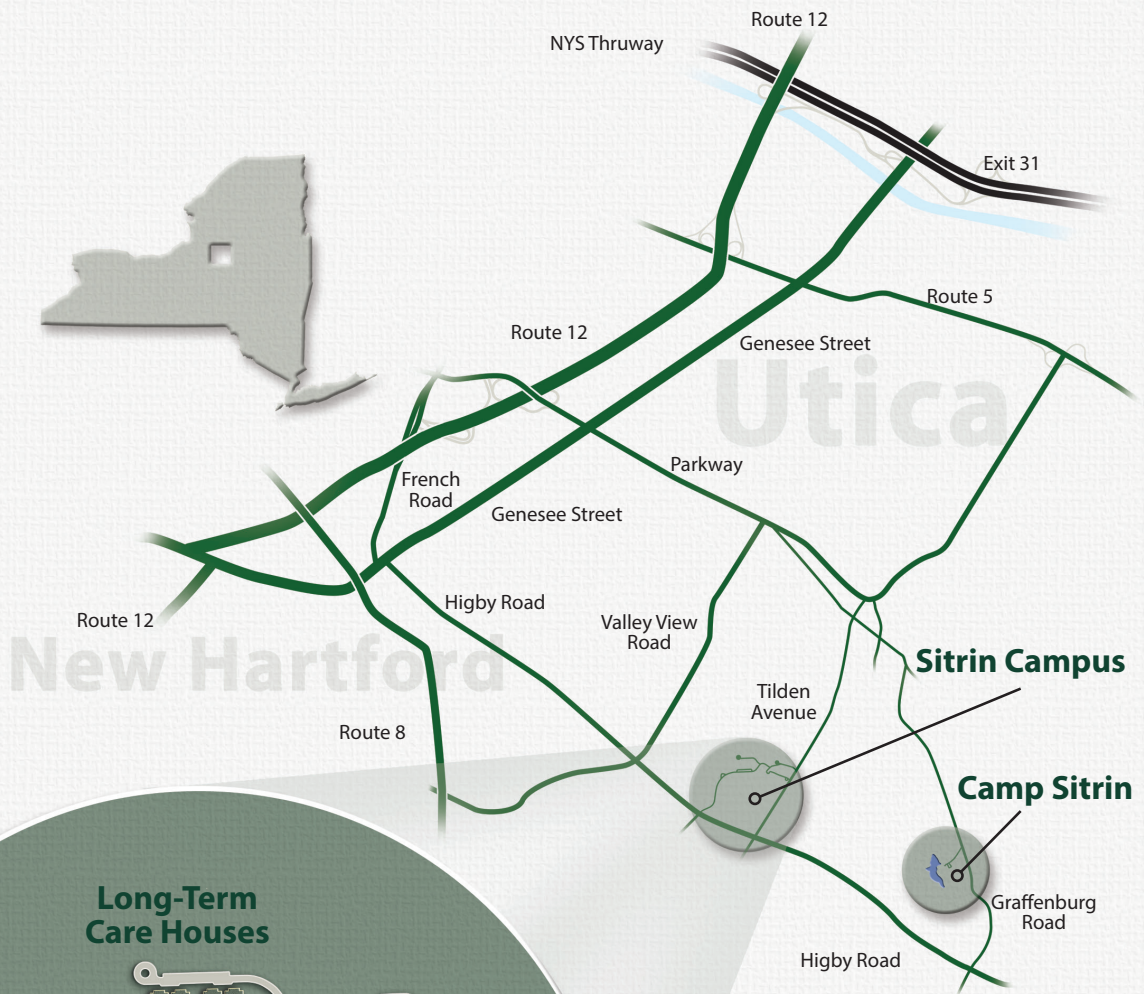


Upper Level {

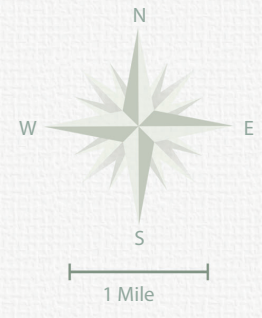
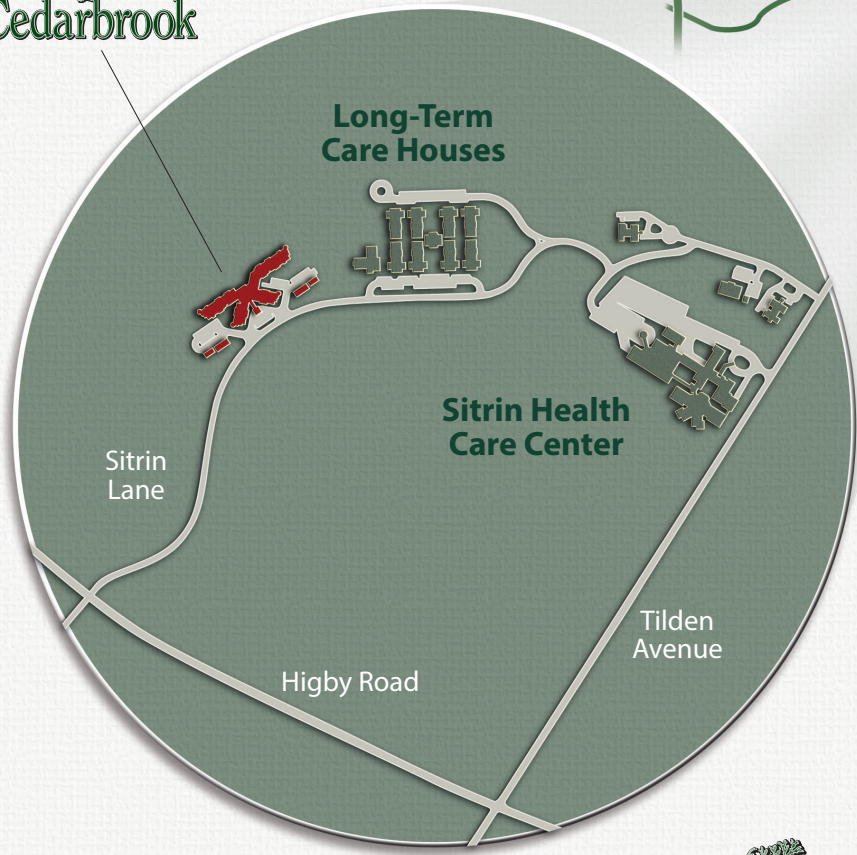
Lower Level {



- A** One Bedroom *Option A*
- B** One Bedroom *Option B*
- C** One Bedroom With Den *Option A*
- D** One Bedroom With Den *Option B*
- E** Two Bedroom
- F** Two Bedroom With Den
- G** Deluxe Two Bedroom
- H** Guest Room



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SITRIN
The Help. The Hope. The Healing.