

CHANGING HOW YOU LIVE, NOT WHERE YOU LIVE

In 1974 Sitrin established the area's first Adult Day Health Care program, responding to a growing need in the community. Today, more than 30 years later, we're still serving the medical and social needs of local people with a comprehensive program that allows participants to spend a stimulating and enjoyable day at Sitrin and then return to the comfort of their own homes for the evening.

Sitrin's Adult Day Health Care program is available everyday—including weekends and holidays—for the convenience of the families we serve. The program is designed to help people:

- Stay Independent and Active
- Maintain a Healthier Lifestyle
- Meet New People
- Coordinate Health Care Needs

Our location within the Sitrin Health Care Center and our relationship with the Sitrin Medical Rehabilitation Center enables us to provide a broad range of additional services to our Adult Day Health Care participants. Only Sitrin can offer all of these programs and services in one location.

ELIGIBILITY

Sitrin requires a physician's approval prior to enrollment to ensure that this program is appropriate for the individual and that it will meet his or her unique needs.

To receive optimum benefit from the program, registrants need to attend Sitrin Adult Day Health Care at least one day per week. They must also remain under the care of their primary care physician throughout their enrollment.

Sitrin.
Finding new opportunities to make a difference for our residents, patients, employees, and community since 1951.

The Help. Sitrin's mission is to provide patients, residents, and their families with the help they need to live well.

The Hope. Sitrin's advanced care and treatment offers hope and positive results for those recovering from medical conditions, procedures, or injuries.

The Healing. Sitrin's advanced treatment programs and highly trained staff promote the healing of body and spirit for every individual under our care.

Inpatient Care

Short-Term Rehabilitation
Long-Term Skilled Nursing Care
Residential Services

Outpatient Care

Specialty Physician Clinics
Psychology
Physical Therapy
Occupational Therapy
Speech-Language Pathology
Dentistry

Community Programs

Adaptive Sports
Child Care
Residential Options
Mobile Dental Clinic
Wellness Programs

SITRIN

The Help. The Hope. The Healing.

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New Hartford, NY 13413
(315) 797-8000 www.sitrin.com

In accordance with federal law, affiliates of the Sitrin Network of Homes & Services, Inc., admit, retain and provide care for participants and residents, if eligible, without regard to age, disability, gender, national origin, physical characteristics, religious preference, race or sexual orientation.

Adult Day Health Care



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The Help. The Hope. The Healing.



THE SITRIN ADVANTAGE

CONVENIENCE

Door-To-Door Transportation

Sitrin offers handicapped-accessible vehicles to transport individuals who use wheelchairs, or are unable to provide their own transportation. Staff ensures the safety of participants by assisting individuals during the commute, as well as when they enter or exit the vehicle.

Flexible Scheduling Options

The program is available everyday, including weekends and holidays. Participants may attend from 1 to 7 days a week, in order to accommodate a variety of schedules.

MEDICAL CARE

- Nursing Services
A full-time RN is on site to provide care for a wide range of medical conditions in consultation with your physician.
- Medication Management
- Wound Care

MEDICAL SERVICES

Participants can access these services through Adult Day Health Care. There is no need to arrange for transportation off-site. We coordinate everything.

Onsite

- Dental
- Podiatry

Offsite

- X-Ray
- Laboratory

THERAPY

While enrolled in the program, individuals can receive therapy at the Sitrin Medical Rehabilitation Center, including:

- Physical Therapy
- Occupational Therapy
- Speech-Language Pathology
- General Conditioning and Aquatic Exercise

RECREATIONAL PROGRAMS

Sitrin provides recreational opportunities for our program participants to help them stay active and involved in the community. Programs include:

- Community Outings
- Shopping
- Dining at Local Restaurants
- Visiting Theaters and Museums
- Intergenerational Programs
- Arts and Crafts
- Entertainment (Music, Plays)

PERSONAL CARE SERVICES

For the convenience of our program participants, Sitrin offers:

- Beauty and Barber Shop
- Personal Care and Hygiene, including assistance with personal appearance, dressing, bathing, and other needs.

SOCIAL SERVICES

Upon request, Sitrin provides information and referrals for appropriate social and supportive services in the community.

PAYMENT OPTIONS

Sitrin's program accepts Medicaid, private pay and private insurance.

TO LEARN MORE

For more information or to arrange for a tour and/or trial visit, call: **(315) 797-3114 ext. 271**

