Aquatic Therapy
Sitrin was among the area’s first centers to provide aquatic therapy, bringing relief to many people living with the following diagnoses:

Arthritis
- Joint Replacement
- Limited Mobility
- Back Injuries
- Obesity
- Spinal Stenosis
- Fibromyalgia

Pediatric Therapy
An array of services benefit children (from infants to adolescents), including physical, occupational, speech, and aquatic therapy, as well as treatment of developmental delay and autism-related disorders. Sitrin’s specialized Pediatric Therapy program helps:

- Gain muscle strength and flexibility
- Improve balance, endurance and coordination
- Increase range of motion
- Developmental testing

Outpatient Services
For more information about our Outpatient Medical Rehabilitation Services at Sitrin, call 797-8000, or visit www.sitrin.com

Payment
Options include Medicare, Medicaid, VA, private pay, no-fault, workers compensation, and most private insurances.

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A Better Way to Get Better!
Personalized Recovery Plans

Sitrin established the community’s first Comprehensive Outpatient Rehabilitation Facility (CORF) in 1997, and has since helped thousands of people achieve their recovery goals. With a doctor’s referral, our multidisciplinary team will perform a thorough evaluation of your therapeutic needs and develop an individualized care plan that is right for you.

Sitrin's Medical Rehabilitation Center includes a fully equipped gym, and two heated therapy pools. When appropriate, therapists also utilize Sitrin's serene outdoor setting for patient exercises.

Specialized Rehabilitation Staff

Sitrin's rehabilitation staff receives ongoing training to keep them current with new theories, techniques, and methods of medical rehabilitation. Additionally, they use a multidisciplinary team approach to address patients' physical and emotional needs.

Physical Therapy Services

Physical therapy is tailored to individuals with pain and/or loss of function due to various orthopedic and neurological diagnoses, including:

- ALS (Lou Gehrig's Disease)
- Back Pain
- Degenerative Joint Disease
- Degenerative Disc Disease
- Fibromyalgia
- Fractures
- Multiple Sclerosis
- Muscular Dystrophy
- Paraplegia
- Quadriplegia
- Shoulder Injuries
- Spinal Stenosis
- Sport Injuries
- Stroke
- Hip, Knee, and Shoulder Replacement
- Prosthetic Training
- Traumatic Brain Injury
- Vestibular Disorders

Speech and Hearing Services

Speech and Language Pathologists treat people of all ages, beginning as young as 6 months.

- Articulation
- Cognitive Therapy
- Fluency
- Language

Services include:

An Audiologist provides a wide range of services for individuals, including:

- Auditory Brainstem Response Testing
- CAP Testing and Auditory Processing Evaluations
- Custom Ear Molds / Noise Protection
- Hearing Aid Evaluations and Fittings
- Hearing Evaluations
- Vestibular Evaluation (VNG)

Occupational Therapy Services

Sitrin clinicians treat individuals of all ages experience a wide range of disabling injuries, illnesses, and conditions, such as:

- Amputations
- Arthritis
- Burns
- Carpal Tunnel Syndrome
- Developmental Delays / Autism / Sensory Impairments
- Fibromyalgia
- Fractures
- Hand Injuries
- Splinting
- Tendon Repairs
- Lymphedema
- Stroke
- Spinal Cord Injuries
- Traumatic Brain Injury
- Post-Traumatic Stress Disorder
- Vision Therapy