



## Aquatic Therapy

Sitrin was among the area's first centers to provide aquatic therapy, bringing relief to many people living with the following diagnoses:

### Arthritis

- ▶ Joint Replacement
- ▶ Limited Mobility
- ▶ Back Injuries
- ▶ Obesity
- ▶ Spinal Stenosis
- ▶ Fibromyalgia

### Pediatric Therapy

An array of services benefit children (from infants to adolescents), including physical, occupational, speech, and aquatic therapy, as well as treatment of developmental delay and autism-related disorders. Sitrin's specialized Pediatric Therapy program helps:

- ▶ Gain muscle strength and flexibility
- ▶ Improve balance, endurance and coordination
- ▶ Increase range of motion
- ▶ Developmental testing

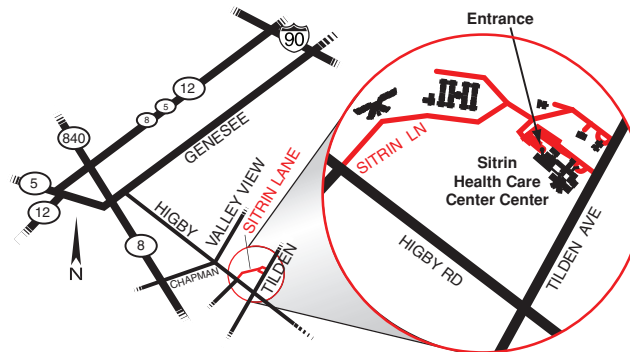


## Outpatient Services

For more information about our Outpatient Medical Rehabilitation Services at Sitrin, call 797-8000, or visit [www.sitrin.com](http://www.sitrin.com)

## Payment

Options include Medicare, Medicaid, VA, private pay, no-fault, workers compensation, and most private insurances.



# SITRIN

The Help. The Hope. The Healing.

Sitrin Health Care Center

2050 Tilden Avenue, P.O. Box 1000, New Hartford, NY 13413-1000 • 315-797-3114  
[www.sitrin.com](http://www.sitrin.com)

In accordance with federal law, affiliates of the Sitrin Network of Homes & Services, Inc., admit, retain and provide care for participants and residents, if eligible, without regard to age, disability, gender, national origin, physical characteristics, religious preference, race, or sexual orientation.

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## Outpatient Medical Rehabilitation

*A Better Way to Get Better!*



Sitrin Medical Rehabilitation Center

2050 Tilden Avenue

New Hartford, NY 13413



## Personalized Recovery Plans

Sitrin established the community's first Comprehensive Outpatient Rehabilitation Facility (CORF) in 1997, and has since helped thousands of people achieve their recovery goals. With a doctor's referral, our multidisciplinary team will perform a thorough evaluation of your therapeutic needs and develop an individualized care plan that is right for you.

Sitrin's Medical Rehabilitation Center includes a fully equipped gym, and two heated therapy pools. When appropriate, therapists also utilize Sitrin's serene outdoor setting for patient exercises.

## Specialized Rehabilitation Staff

Sitrin's rehabilitation staff receives ongoing training to keep them current with new theories, techniques, and methods of medical rehabilitation. Additionally, they use a multidisciplinary team approach to address patients' physical and emotional needs.

## Physical Therapy Services

Physical therapy is tailored to individuals with pain and/or loss of function due to various orthopedic and neurological diagnoses, including:

- ▶ ALS (Lou Gehrig's Disease)
- ▶ Back Pain
- ▶ Degenerative Joint Disease
- ▶ Degenerative Disc Disease
- ▶ Fibromyalgia
- ▶ Fractures
- ▶ Multiple Sclerosis
- ▶ Muscular Dystrophy
- ▶ Paraplegia
- ▶ Quadriplegia
- ▶ Shoulder Injuries
- ▶ Spinal Stenosis
- ▶ Sport Injuries
- ▶ Stroke
- ▶ Hip, Knee, and Shoulder Replacement
- ▶ Prosthetic Training
- ▶ Traumatic Brain Injury
- ▶ Vestibular Disorders

## Occupational Therapy Services

Sitrin clinicians treat individuals of all ages experience a wide range of disabling injuries, illnesses, and conditions, such as:

- ▶ Amputations
- ▶ Arthritis
- ▶ Burns
- ▶ Carpal Tunnel Syndrome
- ▶ Developmental Delays / Autism / Sensory Impairments
- ▶ Fibromyalgia
- ▶ Fractures
- ▶ Hand Injuries
- ▶ Splinting
- ▶ Tendon Repairs
- ▶ Lymphedema
- ▶ Stroke
- ▶ Spinal Cord Injuries
- ▶ Traumatic Brain Injury
- ▶ Post-Traumatic Stress Disorder
- ▶ Vision Therapy

## Speech and Hearing Services

Speech and Language Pathologists treat people of all ages, beginning as young as 6 months.

- ▶ Articulation
- ▶ Cognitive Therapy
- ▶ Fluency
- ▶ Language
- ▶ Speech Quality
- ▶ Swallow Therapy
- ▶ Voice

### Services include:

An Audiologist provides a wide range of services for individuals, including:

- ▶ Auditory Brainstem Response Testing
- ▶ CAP Testing and Auditory Processing Evaluations
- ▶ Custom Ear Molds / Noise Protection
- ▶ Hearing Aid Evaluations and Fittings
- ▶ Hearing Evaluations
- ▶ Vestibular Evaluation (VNG)

