

## Meeting Your Recovery Needs

When you've been hospitalized, returning home can seem like a difficult journey. That's where Sitrin can help. With a comprehensive selection of medical rehabilitative services, Sitrin provides a vital link between hospital and home for individuals recuperating from:

- ▶ elective surgery, joint replacement(s), back and neck surgery
- ▶ cardiac surgery
- ▶ stroke
- ▶ an injury from a fall or accident
- ▶ an injury from a motor vehicle accident
- ▶ an amputation
- ▶ illness, a long hospital stay, or those in need of pain management

## Comprehensive Care

At Sitrin, you will play a vital role in the development and implementation of your recovery plan, and will work closely with skilled caregivers who take the time to become familiar with your unique circumstances. A multi-disciplinary team, comprised of physicians, therapists, nurses, and related professionals, will develop a personalized plan to meet your recovery needs and help you return home as quickly as possible.

The following people meet regularly to discuss your progress and to assess treatment plans to ensure optimum levels of care:

- ▶ **Physicians and a full-time Physiatrist** with extensive backgrounds in physical medicine and rehabilitation, cardiology, and internal medicine are on staff to meet your medical needs.
- ▶ **Trained Rehabilitative Nurses and Certified Nurse Assistants** provide and coordinate a plan of care, while also taking into consideration your need for physical rehabilitation.

- ▶ **Case Managers** coordinate care, participate in treatment and discharge planning, and help you understand your recovery program to achieve your goals.

- ▶ **Physical Therapists** help you achieve a range of recovery goals, including strength, balance, endurance, and mobility.

- ▶ **Occupational Therapists**

maximize your independence in daily activities, enhance strength and coordination, and train you in the use of adaptive equipment if needed.



- ▶ **Recreational Therapists** offer a variety of programs, including baking activities, functional balance, horticulture therapy, and educational and leisure activities.

- ▶ **Speech Language Pathologists** provide individualized programs to treat speech, language, memory, thought processes, swallowing, and other communication-related conditions.

- ▶ **A Psychologist** works with other team members to provide counseling and support whenever needed, and helps patients and families adjust to life-changing illnesses, injuries, or disabilities.

- ▶ **A Registered Dietician** plans therapeutic diets according to your specific needs and diagnoses.



## Comfortable Environment

Sitrin's comprehensive rehabilitative care is offered in a comfortable, hotel-like setting, with amenities that include:

- ▶ Large private rooms and bathrooms
- ▶ A beautiful sitting area with fireplace
- ▶ Flat screen TV's & miniature refrigerators
- ▶ New technology to better serve individuals with clinically complex and neurological conditions
- ▶ Wireless Internet
- ▶ VIP suites

Whether you are currently in the hospital or planning elective surgery, Sitrin's inpatient medical rehabilitation program has the tools you need to reach your recovery goals. We encourage you to contact Sitrin's admission staff prior to your stay to schedule a tour of the facility and to verify your insurance eligibility.

**For more information about Sitrin's Inpatient Medical Rehabilitation services, call (315) 737- 2456, or visit [www.sitrin.com](http://www.sitrin.com).**

## Recognized for Excellence

Sitrin is the preeminent provider of rehabilitation services to Utica and the Mohawk Valley, and receives an increasing number of referrals from outside its geographic area. Sitrin also continues to be the only provider of rehabilitation services based in a skilled nursing facility that is accredited by CARF, the Commission on Accreditation and Rehabilitation Facilities. It received its fourth consecutive accreditation in November 2007. This reflects Sitrin's commitment to providing the highest quality rehabilitation services, as demonstrated by successful outcomes and high patient satisfaction levels.

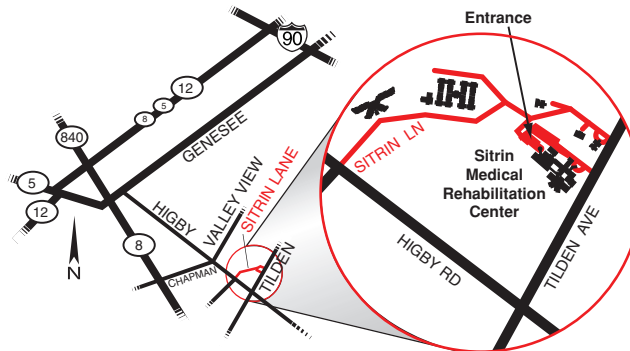


## Inpatient to Outpatient

Sitrin offers a broad range of outpatient services designed to continue your progress once you have completed your inpatient stay. For more information, call 797-8000.

## Payment

Options include Medicare, Medicaid, VA, private pay, no-fault, workers compensation, and most private insurances.



# SITRIN

The Help. The Hope. The Healing.

Sitrin Medical Rehabilitation Center

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[www.sitrin.com](http://www.sitrin.com)

In accordance with federal law, affiliates of the Sitrin Network of Homes & Services, Inc., admit, retain and provide care for participants and residents, if eligible, without regard to age, disability, gender, national origin, physical characteristics, religious preference, race, or sexual orientation.

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## Short-Term Rehabilitation (Inpatient Post-Acute Care)



Sitrin Medical Rehabilitation Center  
2050 Tilden Avenue  
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