

## Sitrin Provides Two Adult Day Health Care Options:

### Medical Model:

In 1974, Sitrin established the area's first Medical Model Adult Day Health Care program. Along with having a Licensed Nurse on staff, the program is available seven days a week and includes meals and snacks, personal care assistance, medication administration, physician prescribed treatments, and therapy services, as well as recreational programs and community outings.



This model is specifically designed for individuals who may have physical or cognitive conditions which require supervision and monitoring.

**Eligibility:** Participants require physician approval prior to enrollment to assure that it is appropriate for the individual and his/her unique needs. The participant must remain under the care of his/her primary physician throughout enrollment.

### Social Model:

The Social Model Adult Day Care program is available on weekdays and provides individuals with the opportunity to get out of the house, make friends, participate in activities, and improve their overall well-being. The program includes meals and snacks, basic first aid, personal care assistance, medication assistance and supervision, along with recreational programs and community outings.



This model provides individuals with an opportunity for social interaction with peers and assistance while maintaining independence in the community.

**Eligibility:** Participants can refer themselves to the program, or be referred by a family member, community case manager, or Managed Medicaid provider.

## Medical & Social Models Compared

	Medical Model	Social Model
Seven Day a Week Availability	X	
Licensed Nurse on Staff	X	
Licensed Nursing Services	X	
Physician Prescribed Treatments	X	
Medication Administration	X	
Monday-Friday Availability		X
Medication Assistance/Supervision		X
Basic First-Aid		X
Door-To-Door Transport	X	X
Certified Staff	X	X
Personal Care Assistance	X	X
Meal and Snacks	X	X
Emergency Response	X	X
Recreational Programs	X	X
Community Outings	X	X
Therapy Services	X	X*
Dental Care	X	X*
Podiatry Care	X	X*

\* These services are not included in the daily rate for social model. However, for those who qualify, Sitrin will bill the patient's insurance if available.



## Changing How You Live, Not Where You Live

Sitrin has been providing Adult Day Health Care services to the community for more than 40 years, allowing individuals to continue



living at home while receiving the care they need at Sitrin in a safe and comfortable setting during the day.

Located within the Sitrin Health Care Center on Tilden Avenue

in New Hartford, Sitrin's Adult Day Health Care programs are designed to coordinate health and social needs for participants, as well as to help them meet new people, stay independent and active, and maintain healthier lifestyles.

## Door-To-Door Transportation

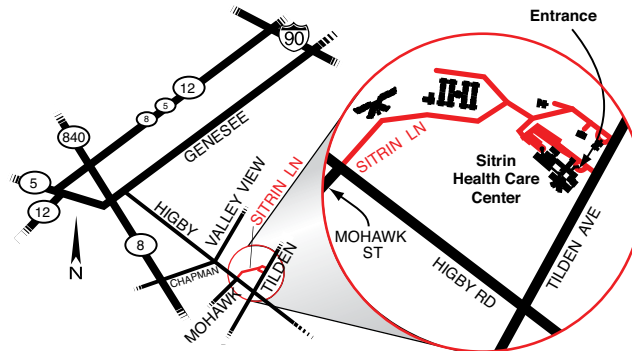
Sitrin has handicapped-accessible vehicles to transport individuals to and from the program. Staff ensures the safety of participants by assisting individuals during the commute, and when they enter or exit the vehicle.

## Payment Options:

Sitrin accepts Medicaid, private pay, veteran's benefits, long-term care insurance, Traumatic Brain Injury (TBI) Waiver program, Nursing Home Transition and Diversion (NHTD) Medicaid Waiver program, and Medicaid Managed Care programs.

## To Learn More:

For more information, or to arrange a tour and/or free trial visit, call (315) 737-2271.



# SITRIN

The Help. The Hope. The Healing.

Sitrin Health Care Center

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[www.sitrin.com](http://www.sitrin.com)

In accordance with federal law, affiliates of the Sitrin Network of Homes & Services, Inc., admit, retain and provide care for participants and residents, if eligible, without regard to age, disability, gender, national origin, physical characteristics, religious preference, race, or sexual orientation.

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## Adult Day Health Care

*A Great Way to Spend the Day!*



Sitrin Health Care Center  
2050 Tilden Avenue  
New Hartford, NY 13413