

## OPAL Program

Sitrin's OPAL Program includes social and recreational events, outings, and activities, and allows individuals to live at home, while providing daytime activities in a safe and comfortable setting.

For more than 40 years, Sitrin's program has serviced the community, helping participants meet new people, stay independent, and maintain healthier lifestyles. With both a social and medical model offered, this daytime program provides opportunities and possibilities for active living to adults of all ages and abilities.

## Door-To-Door Transport

Let Sitrin do the driving! Sitrin staff ensure the safety of all OPAL Program participants by picking up and bringing home individuals who choose to utilize this service.

Sitrin offers handicapped-accessible vehicles, if necessary, and assists individuals during the commute, as well as entering and exiting the vehicle.


Transportation is available for those residing in Rome, Whitesboro, New York Mills, Clinton, New Hartford, Chadwicks, Utica, Marcy, Deerfield and Oriskany. Other area options may be available. Call for more information.


## Payment Options

Sitrin contracts with multiple health insurance providers. Call (315) 737-2271 for additional information.

## Learn More

For more information or to schedule a tour, call (315) 737-2271. Also feel free to visit [www.sitrin.com](http://www.sitrin.com).

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# SITRIN

The Help. The Hope. The Healing.

Sitrin Health Care Center

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In accordance with federal law, affiliates of the Sitrin Network of Homes & Services, Inc., admit, retain and provide care for participants and residents, if eligible, without regard to age, disability, gender, national origin, physical characteristics, religious preference, race, or sexual orientation.

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SITR-BR035-8/4 RHH

# OPAL PROGRAM

OPPORTUNITIES & POSSIBILITIES FOR ACTIVE LIVING  
SITRIN ADULT DAY HEALTH CARE



## “A GREAT WAY TO SPEND THE DAY”

# SITRIN

The Help. The Hope. The Healing.

# Sitrin's OPAL Program Provides Two Options:



## Social Model

The OPAL Program's social model is available weekdays, and provides adults of all ages with the opportunity to take some time away from home. In the program, participants are able to partake in specialized activities, while mingling with peers. The program is designed to promote camaraderie and build friendships, while also providing unique outings and events.

Participants of the program can enjoy community outings, cooking workshops, live entertainment, theme celebrations, meals and snacks, and personal care assistance.

**Eligibility:** Participants can refer themselves to the program, or be referred by a family member, community case manager, or Medicaid provider.

## Medical Model

The OPAL Program's medical model is available seven days a week, and is customized to meet the physical or cognitive needs of an individual. This model is specifically designed for persons who may require supervision, monitoring, or hands-on-care.

In addition to the program's social and recreational activities, participants in the medical model will receive medication administration, specialized therapy sessions, and licensed nursing services.

**Eligibility:** Participants require physician approval prior to enrollment, in order to individualize each person's needs. Participants must remain under the care of their primary physician throughout program enrollment.



## Social & Medical Models Compared

	Social Model	Medical Model
	Mon-Fri	Mon-Sun
Door-to-Door Transport		
Recreational Activities		
Community Outings		
Meals & Snacks		
Certified Staff		
Personal Care Assistance		
Emergency Response		
Basic First-Aid		
Therapy Services		
Dental Care		
Podiatry Care		
Medication Assistance		
Medication Administration		
Licensed Nursing Services		
Physician Prescribed Treatments		

\* These services are not included in the daily rate for social model. However, for those who qualify, Sitrin will bill the patient's insurance if available.